



St.Gallen-Lake Constance region

Experiences with and without accommodation

In Eastern Switzerland, the St.Gallen-Lake Constance region awaits with a diverse range of activities no matter what you're interested in. A vibrant cultural scene, culinary highlights and an intact natural environment for outdoor activities and tours are what make this beautiful area between Lake Constance and the Appenzellerland so inviting.

Our experience packages are just as diverse as the region itself. We would be happy to help you!

Your team at St.Gallen-Bodensee Tourism

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Accommodation

Wonderful overnight stays in the St.Gallen-Lake Constance region! A fairytale castle on Lake Constance, a hotel in the city for pilgrims or the best spa in the region. A wide variety of tasteful accommodation is available between Wil and Rüthi in the Rhine Valley.

The accommodation can be booked for one to three overnight stays with breakfast. The experience packages on the following pages can be individually combined.

Included services:

- ✓ Overnight stay with breakfast in a hotel of your choice

from **CHF 81.50**
 per person and night

		Price per person		
Hotel category	Room type	1 night	2 nights	3 nights
2-star hotel	Double room	CHF 81.50	CHF 163	CHF 244.50
	Single room	CHF 116.00	CHF 232	CHF 348.00
3-star hotel	Double room	CHF 91.50	CHF 183	CHF 274.50
	Single room	CHF 148.00	CHF 296	CHF 444.00
4-star hotel	Double room	CHF 111.50	CHF 223	CHF 334.50
	Single room	CHF 168.00	CHF 336	CHF 504.00



Public city tours in St.Gallen and Rorschach

Historical and picturesque cities and towns are scattered throughout the St.Gallen-Lake Constance region: the UNESCO World Cultural Heritage City St.Gallen, the town of Rorschach, with its Mediterranean flair, the picturesque town of Altstätten and the former abbots' town of Wil. In addition to the popular classic guided tours which include visits to the main attractions, we also offer a wide range of themed tours.

Included services:

- ✓ Public guided tour
- ✓ Professional tour guide

Duration: 1.5 to 2 hours

Languages: German, English

from **CHF 15**
per person

Self-guided tour with audio guide

Discover the multi-faceted city of St.Gallen and its history on your own. The audio guide takes you through the old town, the UNESCO World Cultural Heritage site and the embroidery district.



Included services:

- ✓ Audio guide

Duration: 2 to 4 hours

Start: St.Gallen Tourist Information

CHF 5
per person

Art & culture experiences

Abbey District of St.Gallen – timeless, unique, inspiring

The Abbey Library, the oldest library in Switzerland and one of the most beautiful in the world, together with the new exhibition hall and the renovated Lapidarium set the stage for a unique cultural experience in the Abbey District, the historic UNESCO World Cultural Heritage site. For the first time, you have the exclusive opportunity to view the original St.Gallen monastery plan from the 9th century – the world's oldest existing architectural drawing from the early Middle Ages – in the exhibition hall. The parchment is the earliest representation of a monastery district from the Middle Ages and is considered the oldest existing building plan in Europe.



Included services:

- ✓ Combined admission to the Abbey District with Abbey Library, exhibition hall and Lapidarium

Duration: approx. 2 hours

CHF 18
per person

St.Gallen Textile Museum

In 1863, the Association of St.Gallen's Merchants began to collect pattern samples for local manufacturers which eventually led to the formation of the museum in 1878 as the collection grew. The Palazzo Rosso, which was built in 1886 as space grew short, has housed the museum and the library ever since. Exquisite fabrics and embroidery bring the fascinating world of textiles to life in the museum. As a special highlight, visitors can get a sneak peak of fabric creations that will be featured on international catwalks next season.



Included services:

- ✓ Admission to the museum

Duration: approx. 1 hour

from **CHF 7**
per person

Food & drink experiences

Culinary hike «From course to course»

Hike with panoramic views and culinary stops? Book the hike «From course to course» with starter in the restaurant Bären, main course in the restaurant Rossbüchel and dessert in the restaurant Steiniger Tisch. Not only a 3-course menu with regional specialities awaits you, but also a walk with a breathtaking view over Lake Constance.



Included services:

- ✓ Starter in the restaurant Bären
- ✓ Main course in the Wirtschaft Rossbüchel
- ✓ Dessert in the restaurant Steiniger Tisch

Duration: hiking time approx. 5 hours / total duration approx. 8 hours

Distance: approx. 17 kilometres

CHF 55
per person

Culinary city stroll

One course in three different restaurants with creative and regional menus and a city tour to the highlights of St.Gallen: a culinary stroll through St.Gallen. The first course is served at the Restaurant Dreilinden near the Drei Weieren recreation area. Enjoy not only the delicious starter, but also the fantastic view over the city of St.Gallen that reaches all the way to Lake Constance. After a walk along the man-made Drei Weieren in the 17th century, you will be treated to a main course from the seasonal menu by the Restaurant Falkenburg. Back in the city centre, the Restaurant Brauwerk serves the crowning finale.



Included services:

- ✓ Starter in the restaurant Dreilinden
- ✓ Main course in the Restaurant Falkenburg
- ✓ Dessert in the Restaurant Brauwerk

Duration: 4 to 6 hours

CHF 75
per person

Fondue backpack

How about some delicious cheese fondue at the Three Ponds? Or on the beautiful banks of Lake Constance in the harbour town of Rorschach? No matter whether it's summer or winter – the new fondue backpack with the traditional Swiss dish is ready to go.



Included services:

- ✓ Fondue mix
- ✓ Caquelon and Réchaud
- ✓ Bread
- ✓ White wine
- ✓ Tablecloth, forks and glasses

Duration: 2 to 3 hours

CHF 69
for 2 people

CHF 99
for 4 people

SMALLNIK – the picnic with original BIGNIK cloth modules

For an exquisite outdoor picnic, the city of St.Gallen offers countless possibilities: be it in the secluded city park, at the idyllic Three Ponds or at the Peter and Paul wildlife park. Experience picnicking in a whole new way with the SMALLNIK picnic: culinary delicacies from regional producers, combined with a hand-stitched BIGNIK picnic blanket.



Included services:

- ✓ Original BIGNIK cloth module
- ✓ Picnic basket
- ✓ Regional specialities
- ✓ Plates, cutlery and glasses

Duration: 1 to 3 hours

CHF 29
for 2 people

CHF 52
for 4 people

Textilland-Menu

A culinary journey through textile history in a historic house in the middle of the monastery district of St. Gallen. With its romantic bay windows and tower rooms, it offers a wonderful atmosphere for your reunion. In the stylish Zollikoferstube, a journey through the textile history of the city of St. Gallen and its region is served at a beautiful table. Experience almost forgotten traditional products like the «blaue St. Galler Kartoffel», «Ribelmals» or «Vogelbeeren»



Included services:

- ✓ Menu
- ✓ Aperitif of your choice
- ✓ Wine

Duration: up to 5 hours

Number of people: 4 to 12 people

CHF 125
per person

Public discovery tour of Maestrani's Chocolarium

Discover, be amazed and indulge is the motto of Maestrani's Chocolarium – the chocolate world of Maestrani. Immerse yourself in the world of chocolate in the chocolate factory where happiness is made. On the interactive discovery tour, you will unravel the mystery of why chocolate is the secret of true happiness. Nibbling encouraged.



Included services:

- ✓ Interactive discovery tour
- ✓ Insight into live production
- ✓ Meeting with the demo chocolatier

Duration: approx. 1 hour

from **CHF 14**
per person

St.Gallen FoodTrail

Try six delicious specialities and become acquainted with St.Gallen at the same time. FoodTrail, a culinary scavenger hunt through the city of St.Gallen. You solve a riddle to get to the first food station where the first St.Gallen speciality and the next riddle are already waiting. Partake of 6 regional specialities along the way. On the FoodTrail you can experience the city in a different way – typical St.Gallen specialities included.



Included services:

- ✓ 6 well-known specialities to eat and drink
- ✓ Exciting stories about the city

Duration: approx. 3 hours

Languages: German & English

CHF 54
per person

Sports & recreation experiences

Foxtrail – Play with the city

Crack codes, solve puzzles and sniff out the trail. Foxtrail transforms the city of St.Gallen into a playground for explorers. After starting at the St.Gallen train station, participants follow the fox's trail by deciphering fun and tricky clues to the final destination. The exciting chase takes your team past some of the unexplored corners of the town. A novel way to (re)discover a Swiss town or region.



Included services:

- ✓ Adventure Foxtrail Tour
- ✓ Public transportation

Duration: approx. 3 hours

Languages: German

from **CHF 32**
per person

Detective trail: Treasure hunt through St.Gallen

An unforgettable brain-teaser for families, clubs, couples, schools and company outings! From the starting point you follow the route descriptions and solve tricky puzzles to go from station to station. Along the way, you, the detective, learn all kinds of interesting and exciting facts about St.Gallen. At the end of the trail, things get serious: is the code calculated from the trail correct and can the treasure chest be opened? Only then will all participants receive a prize.



Included services:

- ✓ Treasure map for the detective trail

Duration: approx. 2 hours

Language: German

CHF 9
per person

Mountain experience on the Säntis

The Säntis is nestled in one of the most beautiful natural settings in Europe and offers a breathtaking view at 2502 metres above sea level. From the summit of Mount Säntis, the expansive view extends across six regions. The possibilities around the Säntis and Schwägalp are as limitless as the panoramic view. Visitors can enjoy one of the most beautiful natural settings in Europe, year-round events and special trips, Appenzell customs and cultural highlights – this and so much more.



Included services:

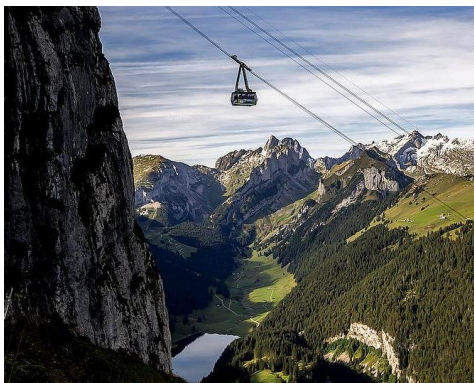
- ✓ Travel up and down the mountain with the Säntis cable car

Duration: Half- or full-day excursion

from **CHF 27**
per person

Sweeping view on the Hoher Kasten

Sweeping views of the surrounding six regions, a range of activities and culinary specialities in the revolving restaurant – this is what the Hoher Kasten excursion mountain in the St.Gallen Rhine Valley has to offer. The Hoher Kasten, at 1,794 metres above sea level with a 360-degree panoramic view, is the ideal starting point for your hiking tours and adventures in the Alpstein.



Included services:

- ✓ Travel up and down the mountain to Hoher Kasten

Duration: Half- or full-day excursion

from **CHF 23**
per person

Kronberg

In the heart of the Appenzellerland, the Kronberg rises up from the Gonten plateau. The excursion mountain offers attractive activities all year round: After a leisurely cable car ride to 1,663 metres above sea level, you will not only be welcomed by a mountain inn with varied cuisine, it is also the ideal starting point for scenic hikes. In the valley the rope park, the bobsleigh track, the first motor skills park in Switzerland and the playground guarantee exciting and varied activities for young and old.



Included services:

- ✓ Travel up and down the mountain with the cable car

Duration: Half- or full-day excursion

from **CHF 19**
per person